

**LETHBRIDGE HIGHLAND DANCE  
ASSOCIATION 44th OPEN  
COMPETITION  
RSOBHD Reg. # C-AB-CO-26-1031**

**SATURDAY, MAY 9<sup>th</sup>, 2026  
Winston Churchill High School**

**1605 – 15 Ave. North Lethbridge, Alberta**

**Judges: Richelle Edwards, Edmonton**

**Jacqueline Munawych, Red Deer**

**7:45 AM Doors Open  
8:30AM – Primary, Beginner, Novice  
1:00PM – Intermediate & Premier**

**ONLINE ENTRIES ONLY  
OPEN DATE: MARCH 3<sup>rd</sup>, 2026**

**CLOSING DATE:**

**April 29th at 11:59PM (MDT)**

**NO LATE ENTRIES ACCEPTED**

**STATUS CHANGES must be e-mailed to Kristin  
Wilde**

**[LHDACOMPETITION@gmail.com](mailto:LHDACOMPETITION@gmail.com)  
by May 3rd, 2026 @ 11:59PM (MDT)**

**Competition Rules and Regulations:**

1. All dancing events are governed by the rules and regulations of the Royal Scottish Official Board of Highland Dancing (RSOBHD) and ScotDance Canada.
2. This event may be cancelled at any time up to, and including on or during the date of competition, dependent upon public health concerns.
3. The decision of the judge(s) is final.
4. Dancers will compete in inverse order of entry. First to enter is last to dance.
5. Age is as of 12:01 AM on competition date.
6. Entry fee must accompany entry.
7. Late entries will NOT be accepted.
8. Refunds are at discretion of Organizer policy. Where admittance to the event is refused based upon good health declaration, fees will be refunded (excepting an administration fee of \$8.00 per family).
9. Dancers must be registered with the RSOBHD or RSOBHD subsidiary body (such as ScotDance Canada) in order to compete. If a valid 2026 RSOBHD is not presented, a \$10.00 fee must be paid to dance in the competition that day. Awards will be withheld until a valid card is presented.
10. Protests must be made in writing, signed and submitted to the Organizer by the end of the competition day and must be accompanied by a \$35.00 fee, refundable, if sustained.
11. The Organizer reserves the right to combine or split classes.
12. No category changes will be accepted on the day of competition.
13. Competitors must be on hand when their event is called or forfeit entry in that dance.
14. All competitors must remain in costume for award presentations.
15. Dancers must be dressed appropriately at all times.
16. Dancers and parents must respect the ScotDance Canada Risk Management Guidelines, local, Provincial and Federal health authority directives, and RSOBHD Code of Ethics.
17. Perpetual trophies are the property of LHDA and must be returned prior to the following competition. The winner is responsible for engraving.

*Dancers must present their 2026 RSOBHD card to the registration table to receive their number.*

**MORNING EVENTS**

**Warm-up Fling and First Call - 8:25AM**

**PRIMARY:**

**PAS DE BAS  
PAS DE BAS & HIGH CUTS  
FLING (4)  
SWORD (2&1)**

**BEGINNER:**

**FLING (4)  
SWORD (2&1)  
SEANN TRIUBHAS (3&1)  
LILT (4)  
FLORA (4)**

**NOVICE:**

**FLING (4)  
SWORD (2&1)  
SEANN TRIUBHAS (3&1)  
LILT (4)  
FLORA (4)**

**AFTERNOON EVENTS**

**Warm-up Fling and First Call - 12:55PM**

**INTERMEDIATE:**

**FLING (4)  
SEANN TRIUBHAS (3&1)  
JOHNNIE (4)  
HIGHLAND LADDIE (4)  
HORNPIPE (4)**

**PREMIER:**

**FLING (4)  
SEANN TRIUBHAS (3&1)  
JOHNNIE (4)  
HIGHLAND LADDIE (4)  
HORNPIPE (4)**

**\*\*CASH PRIZES FOR PREMIER DANCERS\*\***

**PREMIER FLING DANCE-OFF**

**Premier dancers of all age groups who place 1st or 2nd in the Fling will be automatically entered in the dance-off. The winner will receive a perpetual trophy.**

**2026 LHDA ENTRY FORM PLEASE COMPLETE ALL INFORMATION**

Dancer's Name: \_\_\_\_\_

Dance Category: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age as of May 9th, 2026: \_\_\_\_\_ yrs

D.O.B. (dd/mm/yyyy): \_\_\_\_\_

Local Dance Association & Number: \_\_\_\_\_

RSOBHD #: \_\_\_\_\_

Teacher: \_\_\_\_\_

Premier 16 & Over- Cash \_\_\_\_\_ OR Medal \_\_\_\_\_

	<i>Prim</i>	<i>BEG</i>	<i>NOV</i>	<i>INT</i>	<i>PREM</i>
<b>Fling</b>					
<b>Sword</b>					
<b>P de B</b>					
<b>PdB &amp; H Cuts</b>					
<b>S. Triuhbas</b>					
<b>Lilt</b>					
<b>Flora</b>					
<b>Johnnie</b>					
<b>H. Laddie</b>					
<b>Hornpipe</b>					

**FEES:**

Class	# of Dances	Dance Fee	Other Fees
Primary		X \$8.00	
Beginner		X \$8.00	
Novice		X \$8.00	
Intermediate		X \$8.00	
Premier		X \$8.00	
<b>SUBTOTAL:</b>			
SDCCS Surcharge			\$1.00
AHDA Surcharge			\$1.00
Administration Fee			\$8.00
<b>TOTAL:</b>			

**Notice from ScotDance Canada RE: Lethbridge Highland Dancing Competition**

This event is being held in compliance with all provincial health and safety orders in effect at the time of the entry being posted, as well as facility requirements for COVID-19.

**Our goal is to provide a safe, calm, inclusive and positive environment for all participants. We appreciate unexpected situations could arise on the day that may require action that is meant to protect our dancers, judges, volunteers and other participants.**

**Covid-19 Guidelines:**

1. Public Health requirements will be continuously evaluated, and participants will be informed of any Covid-19 protocols prior to the event through social media and email.

2. For all participants attending our sanctioned events, generally, there will be 4 guidelines we encourage participants to follow in the absence of any local, provincial or national government health orders:

- wearing a mask for your own protection and of others
- maintaining physical distancing wherever possible
- sanitizing hands often
- staying home if you feel sick

3. Upon registering for this event and immediately prior to the event, you agree to the requirements and recommendations of any National, Provincial and local Public health and other governmental authorities as well as any requirements from Winston Churchill High School which may be in effect at the time of the event, as it pertains to the Covid-19 Coronavirus and to adopt all necessary measures to those effects.

4. Participants are required to agree to the COVID-19 Other Contagions General Assumption of Risk and Waiver of Liability at the time of registration.

Waiver: Lethbridge Highland Dance Association Competition and its members commit themselves to comply with the requirements and recommendations of National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, Lethbridge Highland Dance Association Competition cannot guarantee that you (or your child, if participant is a minor/ or the person you are the legal guardian of) will not become infected with COVID-19/other contagions. Further, attending the Event could increase your (or your child, if participant is a minor/ or the person you are the legal guardian of) risk of contracting COVID-19/other contagions, despite all preventative measures put in place.

This document will remain in effect until the Lethbridge Highland Dance Association Competition as per the direction of the National, Provincial and local Public health and other governmental authorities, determines that the aforesaid acknowledgments pertaining to Covid 19/other contagions in this declaration are no longer required.

*In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby WAIVE ANY AND ALL CLAIMS against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, I agree to release the Releasees from ANY AND ALL LIABILITY for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs, that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. I consent to and authorize such recording. I further consent to and authorize the Releasees to publish my/my child's image, likeness and information in any medium, including but not limited to photographs, videos, DVDs, and web-casts. I understand that this publication will take place in the public domain, including in printed materials, public announcements, and on the internet.*

***I specifically consent to the public release of the following information:*** 1. Name; 2. City, Province, Country of Residence;

3. Age; 4. Results.

*This document is in addition to and does not replace all other Lethbridge Highland Dance Association Competition waivers.*

*I acknowledge that by signing and submitting this entry, electronically or otherwise, that I have read this agreement carefully and fully understand it, and agree to all of the above terms and conditions.*

*Signature required if in person, otherwise acknowledge by email or via online entry form.*

\_\_\_\_\_ *Print name*

\_\_\_\_\_ *Date (dd/mm/year)*

\_\_\_\_\_ *Signature*

*(Parent/Guardian or Dancer if 18 years or older).*