



*Edmonton Highland
Dancing Association*

Sanctioned by the Royal Scottish Official Board of Highland Dancing

Saturday, March 11, 2023

**Beaumont Community Centre
5204-50 Avenue, Beaumont, Alberta**

**Northern and Central Alberta
Confined Championship
& Open Pre-Championship
C-AB-CO-23-1005X**

Section 1 7 & under 12 years
Section 2 12 & under 16 years
Section 3 16 years & over

Fling, Sword, Seann Triubhas, Reel
2023 Championship Steps

*Championships are sanctioned by the
Royal Scottish Official Board of Highland Dancing*

**Championship/Pre-Championship events
commence at 9:30 AM**
(Championship/Pre-Championship Registration—9:00 AM)

&

**Open Competition
C-AB-CO-23-1005X**

**Morning events for all Pre-Premier
(Primary, Beginner, Novice & Intermediate)
commence immediately following
Championship/Pre-Championship results**
TBA

**Premier Nationals
Commence immediately following Pre-Premier
results**

JUDGES:

Fiona Champagne, Ont
Cheryl Rafter, BC
Shendl Russell, Scotland

Acceptance Date

Entries open Friday, February 3, 2023 at 8:00 AM (MST)

Closing Date

Entries close Sunday, February 26, 2023 at 11:59 (MST)

Northern & Central Alberta Confined Championship

Northern and Central Alberta Confined Championship will be held
on Saturday, March 11, 2023 at
Beaumont Community Centre, 5204-50 Ave, Beaumont, AB

- Age as of March 11, 2023.
- This is a confined Championship. All competitors must qualify by birth or by having been resident within the following 52 Municipal Districts in the Province of Alberta for six months immediately prior to the event. Municipal Districts include:

Athabasca, Barrhead, Beaver, Big Lakes, Birch Hills, Bonneyville, Brazeau, Camrose, City of Edmonton, Clear Hills, Clearwater, Fairview, Flagstaff, Grande Prairie, Greenview, Jasper, Jasper Park, Lac St. Anne, Lacombe, Lakeland, Lamont, Leduc, Lesser Slave River, MacKenzie, Minburn, Northern Lights, Northern Sunrise, Opportunity, Paintearth, Parkland, Peace, Ponoka, Provost, Red Deer, Saddle Hills, Smoky Lake, Smoky River, Spirit River, St. Paul, Stettler, Strathcona County, Sturgeon, Thornhill, Two Hills, Vermillion River, Wainwright, Westlock, Wetaskiwin, Willowmore Wilderness, Wood Buffalo, Woodlands and Yellowhead.

On a map (see below), all areas within the boundaries of the Province of Alberta that are located north of the southernmost boundary of the following municipal districts (as located west to east across the province): Jasper Park, Clearwater, Red Deer, Stettler, Paintearth and Provost

- Proof of residency must be provided upon request.
- Championship events must have a minimum of 6 dancers competing to be eligible for Championship status.
- Draw for position set by the Competition Committee for all dances except the Reel which will be first to enter, last to dance.
- Dancers must perform the 2023 Championship Steps.
- Dancers must fill-in for Reels as required.
- Cash prize money to be awarded to Champion and Runners-up:
15 yrs & under:
1st - \$60, 2nd - \$50, 3rd - \$40, 4th - \$30, 5th - \$20, 6th - \$10
16 years & over
1st - \$100, 2nd - \$85, 3rd - \$70, 4th - \$55, 5th - \$40, 6th - \$25

Open Pre-Championship

- Pre-Championship is an **open** event and is NOT confined. Entry is restricted to Premier dancers who have not previously won a Pre-Championship or Championship.
- Dancers may enter either the Championship or Pre-Championship but not both.
- Age as of March 11, 2023.
- Dancers must fill in for the Reels as required.
- Dancer positions are NOT drawn.
- Steps as follows; Fling(4), Sword (2&1), Seann Triubhas (3&1), Strathspey & 1/2 Tulloch.
- Pre-Championship events must have a minimum of 6 dancers competing in the age group. The competition committee reserves the right to combine, split, or delete/cancel classes or events at their discretion.



For larger view
of the map,
please visit
www.ehda.ca

**No Concession
on-site
No changing will
be allowed outside
change rooms;
please use facilities
provided**

**Don't forget the Marvelous March Workshop on Sunday, March 12th, open to all.
Fantastic instructors with lots of classes available for dancers of all levels.
Free to EHDA members; please provide 2022/23 EHDA membership number.**

General Competition Rules & Regulations

EHDA Open Competition will be held
on Saturday, March 11, 2023 at
Beaumont Community Centre, 5204-50 Ave, Beaumont, AB

- Competitors are governed by the rules and regulations of R.S.O.B.H.D.
- Entries will be divided into categories after the closing date. The Competition Committee reserves the right to combine, split, or delete/cancel classes or events at their discretion.
- The competitor's age will be taken as of March 11, 2023.
- All competitors must present their current 2023 RSOBHD registration cards to receive awards and must remain in costume for all award presentations.
- Competitors dance in inverse order of entry. Any competitor not on hand when his/her event is called will forfeit his/her entry in that event.
- All fees are non-refundable.
- Prize Money will be awarded to Premier dancers 16 years & over as follows:
1st - \$40, 2nd - \$35, 3rd - \$30, 4th, 5th & 6th - \$25
- No one other than the Competition Committee shall communicate with the judges.
- Dancers must fill-in for Reels as required.
- Pre-Premier status changes must be reported to the Competition Secretary EHDA.compsec@gmail.com before March 5, 2023.
- Medals will be awarded to 1/2 of the number of dancers in each class, rounded up to the next whole number for an odd number of dancers, to a maximum of 6 medals per dance.
- Perpetual trophies are the property of E.H.D.A. and must be returned eleven months after the competition. Winners are responsible for name engraving and care of the trophy. Repairs, other than normal maintenance will be the responsibility of the dancer or parent/guardian. Any damage should be reported to the competition committee well in advance of the next year's event.
- Protests must be in writing, signed and handed to the Competition Committee before the end of the competition with a \$25.00 fee. The fee is refundable if the protest is sustained

PRE-PREMIER Time TBA Immediately following Championship/Pre-Championship events			
PRIMARY	BEGINNER	NOVICE	INTERMEDIATE
<i>Fling (4)</i>	<i>Fling (4)</i>	<i>Sword (2&1)</i>	<i>Fling (4)</i>
<i>Sword (2&1)</i>	<i>Sword (2&1)</i>	<i>Seann Triubhas (3&1)</i>	<i>Sword (2&1)</i>
<i>Pas de Basques (16)</i>	<i>Seann Triubhas (3&1)</i>	<i>Strathspey & 1/2 Tulloch</i>	<i>Seann Triubhas (3&1)</i>
<i>Pas de Basques &</i>	<i>Scottish Lilt (4)</i>	<i>Scottish Lilt (4)</i>	<i>Strathspey & 1/2 Tulloch</i>
<i>Higg Cuts</i>	<i>Flora (4)</i>	<i>Flora (4)</i>	<i>Irish Jig (3&1)</i>

PREMIER Time TBA (following Pre-Premier events)	
TRIBUTE TO JL MCKENZIE Scholarship Dance Demonstration will be held prior to Pre-Premier results	PREMIER NATIONALS <i>Flora (4)</i> <i>Villager Maid (4)</i> <i>Blue Bonnets (4)</i>

ENTRY FEES	
CATEGORY	FEES
Northern & Central Alberta Championship	\$50.00 per dancer
Open Pre-Championship	\$40.00 per dancer
Pre-Premier/Premier dancers 15 yrs & under	\$7.00 per event
Premier dancers 16 yrs & over	\$8.00 per event
AHDA Fee	\$1.00/entry
SDCCS Provincial Surcharge	\$1.00/entry
Administration fee*	\$8.00 per entry
Admission (Children under 10 free)	\$5.00

*Administration fee includes online fee, PDF program and ScotDance App



Edmonton Highland
Dancing Association

MARVELOUS MARCH WORKSHOP

Sunday, March 12, 2023

Step by Step School of Dance

**#449 Sioux Road
Sherwood Park, Alberta**

C-AB -CO-23-1006

2023 Championship Steps,
Pre-Premier Highland and Nationals

INSTRUCTORS

Fiona Champagne, Ontario

Shendl Russell, Scotland

Tony Cargill, Calgary
and

Alison Fettig, Edmonton
(Registered Dietician)

This workshop is an approved CPD for all RSOBHD Adjudicators.
Professionals are welcome to attend any session.

Fee for EHDA non-member Professionals—\$35.00
This session is free for EHDA member professionals.

All Professionals, please contact Kelly Abraham directly to register:
kelly.abraham@telus.net

On-line entry available at www.eventry.net

On-line workshop entry closes February 26, 2023, 11:59 PM (MST)
After February 26th ONLY, Please contact Kelly Abraham,
kelly.abraham@telus.net to enter the workshop or for further information. Late entries will be accepted for the workshop provided space is available.

Marvelous March Workshop

**EHDA Marvelous March Workshop will be held on
Sunday, March 12, 2023 at
Step by Step School of Dance, 449 Sioux Road, Sherwood Park
STUDIO OPENS AT 9:00 AM**

This workshop is **free** for EHDA members holding a current 2022/23 EHDA Membership. **Please provide your membership number during registration.** Not a member? Follow the link: [EHDA Membership Application 2022/23](#)

The fees for non-EHDA member dancers are as follows:
Primary—\$25.00
Beginner, Novice & Intermediate—\$40.00
Premier—\$75.00

Dancers may enter the workshop only, without the competition. Please enter at www.eventry.net, EHDA Open March Competition and select only the workshop. Thank you.

Refunds for both EHDA and non-EHDA dancers will **ONLY** be considered in cases of illness (if accompanied by a doctor's note) or at the discretion of the EHDA workshop organizers.

Premier dancers: **9:30 AM—12:30 PM** - 2023 championship steps
12:30 PM—1:30 PM—All Premier Nutrition for dancers
(snacks included, but dancers can also bring snacks)

Note: intermediate dancers who know the 2023 championship steps are welcome to attend premier sessions.

****please note** the instructors will **NOT** be using the class time to conduct a warm up. The studio will be open by 9 AM to come and do your own warm and have your shoes on prepared to dance by 9:30 AM. ******

Primary dancers: **1:30 PM - 2:30 PM** *Dancers must know the fling and sword*

Beginner dancers: Highland: **1:30 PM—2:30 PM**
Nationals: **2:30 PM—3:30 PM** *Must know lilt and flora*

Dancers may sign up for either beginner session or for both

Novice/Intermediate: **1:30 PM—3:00 PM** *Highland, Nationals and Nutrition*

Please bring: Water, swords, practice skirts (girls).

****Pre-Premier dancers:** **please note** the instructors will **NOT** be using class time to conduct a warm up. Please arrive early to do your own warm and have your shoes on ready to dance at 1:30 PM. ******

**Instructor biographies will be posted on the website at
www.ehda.ca**

PLEASE NOTE THE FOLLOWING INFORMATION:

Parents and siblings are **NOT** allowed in the studios during the workshop

All dancers should arrive at least **30 minutes** prior to start time to ensure sufficient warmup time

Water only allowed in studios

Proper dance attire and shoes required

Premier: Please bring practice swords

Pre-Premier: Please bring swords and practice skirts

****PLEASE NOTE:** dancers who arrive after classes have started, will be brought in at an appropriate time at the discretion of the workshop coordinator. Thank you for respecting the instructors and other participants by arriving on time and prepared. ******

If you have registered and can no longer attend, please do us the courtesy of advising the workshop coordinator 24 hours before the workshop. If there are multiple no-shows, a refundable deposit may need to be included in future workshops. Thank you for your consideration.

Workshop Organizer: Kelly Abraham
kelly.abraham@telus.net

Priority will be given to EHDA dancers until **February 19, 2023** at which time the remaining spots will be open to all dancers based on a first come first serve basis.

Professionals

As this workshop is an approved CPD for all RSOBHD Adjudicators; professionals are welcome to attend any session.

PROFESSIONALS ONLY: To register for the CPD, please contact Kelly Abraham directly at kelly.abraham@telus.net
Please do not register for the workshop online.

This session is free to all EHDA Member Professionals.

A \$35.00 fee will apply to all non-EHDA member professionals. Please bring the fee, exact cash or cheque payable to Edmonton Highland Dancing Association, to the workshop.