



Welcome back to Highland Dance Competitions!



To allow our dancers to compete we must do things differently, for now.

Please review this before arriving at the event.

Please help us out by doing your part to make these competitions successful and safe.

Our dancers have been working hard and they have waited so patiently - let's make this happen!

Here is all the important information you need to know about returning to competitions this fall:

- All participants (dancers, teachers, judges, volunteers, and parents/guardians) 12 years and over need to show provincially recognized proof of vaccine (2 doses), or proof of negative Covid test performed by a provincially recognized 3rd party within 72 hours prior.
- On day of the competition, entry into the competition will be allowed only after QR code or contact tracing sheet has been signed and declaration of good health has been provided.
- All participants (dancers, teachers, judges, volunteers, and parents/guardians) **MUST** wear a mask, at all times.
- Dancers will need to wear a mask while on stage dancing.
- Participants under the age of 18 can have **ONE adult** accompany them to the competitions. Please note, currently only 1 adult per family.
- To successfully re-open dance competitions we need to work together. Every adult accompanying dancer(s) will be assigned a volunteer role.
- The dancing events and awards will be shared with family, friends, and supporters of Highland Dance through livestreaming of our event.
- Dancers will need to arrive at the event in full costume, including hair & make-up. Dancers will leave the venue in costume also.
- At this time, dancers cannot bring personal dance mats to the venue.
- Dancers must bring a labeled water bottle.
- There will not be any items for sale, this includes food, costumes, raffles, etc.
- Printed programs will not be available. All class information and results will be available online.
- Schedule of events.
Dancers and their parent/guardian will not gain access to the venue until the time on the schedule below:

Time*	Level	Dances
8:30am - 10:30am	Premier	Fling (4), Sword (2+1), ST (3+1), Johnnie (4), Laddie (4)
11:00am - 11:45am	Primary	16 PDB, PDB & Highcuts, Fling (4), Sword (2+1)
12:30pm - 2:30pm	Beginner	Fling (4), Sword (2+1), ST (3+1)
3:00pm - 5:00pm	Novice	Fling (4), Sword (2+1), ST (3+1)
3:00pm - 5:00pm	Intermediate	Fling (4), Sword (2+1), ST (3+1), Johnnie (4)

* Times are subject to changes, depending on entries received.

- Dancers and their parent/guardian will need to leave the venue immediately following the conclusion of the results.
- Washrooms are limited to using the facilities only.