



Welcome back to Highland Dance Competitions!



To allow our dancers to compete we must do things differently, for now.
Please review this before arriving at the event.

Please help us out by doing your part to make these competitions successful and safe.

The dancers have been working so hard and they have waited so patiently - let's make this happen!

RHDA would like to thank the SHDA for creating this document and sharing it with us. The dances and times are for the RHDA event November 6, 2021.

Here is all the important information you need to know about returning to competitions this fall:

- All participants (dancers, teachers, judges, volunteers, and parents/guardians) 12 years and over need to show proof of vaccine (2 doses) or proof of negative Covid test (72 hours prior).
- On day of the competition, entry into the competition will be allowed only after QR code or contact tracing sheet has been signed and declaration of good health has been provided.
- All participants (dancers, teachers, judges, volunteers, and parents/guardians) **MUST** wear a mask, at all times.
- Dancers **may** wear a mask while on stage dancing. *Please note this is different for RHDA/Saskatoon due to venue guidelines*
- Participants under the age of 18 must have **ONE adult** accompany them to the competitions. Please note, currently only 1 adult per family.
- To successfully re-open dance competitions we need to work together. Every adult accompanying dancer(s) will be assigned a volunteer role.
- The dancing events and awards will be shared with family, friends, and supporters of Highland Dance through livestreaming of our event.
- Dancers will need to arrive at the event in full costume, including hair & make-up. Dancers will leave the venue in costume also.
- At this time, dancers cannot bring personal dance mats to the venue.
- Dancers must bring a labeled water bottle.
- There will not be any items for sale, this includes food, costumes, raffles, etc.
- Printed programs will not be available. All class information and results will be available online.
- Schedule of events.
Dancers and their parent/guardian will not gain access to the venue until the time on the schedule below:

| Time | Level | Dances |
|------------------|--------------|------------------------------------------------------------|
| 9:00am – 12:00am | Premier | Lilt (4), Flora (4), Scotch Measure (4), Earl of Errol (4) |
| 11:30 – 12:30pm | Primary | 16 PDB, PDB & Highcuts, Fling (4), Sword (2+1) |
| 12:30 – 2:30 | Beginner | Fling (4), Sword (2+1), ST (3+1), Trophy Fling (4) |
| 2:30pm – 4:30pm | Novice | Fling (4), Sword (2+1), ST (3+1), Trophy Fling |
| 2:30pm – 4:30pm | Intermediate | Fling (4), Sword (2+1), ST (3+1), Johnnie (4) |

- Dancers and their parent/guardian will need to leave the venue immediately following the conclusion of the results.
- Washrooms are limited to using the facilities only.