

# 29<sup>th</sup> Annual WESTERN CANADA OPEN CHAMPIONSHIP featuring INTERIOR BRITISH COLUMBIA PREMIERSHIP

Hosted by:  
*The Interior Highland Dancing Association*

**Tournament Capital Centre**  
**910 McGill Road,**  
**Kamloops, BC**  
**V2C 6N6**

## **Saturday March 23, 2019**

**Pre Championship**  
**Primary, Beginner, Novice and Intermediate**  
**&**  
**Western Canada Open Championship**  
The Championship is recognized by the SOBHD.  
Competition Organizer Registration  
CBC CO 191002

## **Sunday March 24, 2019**

**Interior British Columbia Premiership**  
**Premier National Competition**  
The Premiership is recognized by SOBHD.  
**&**  
**Pre-Premier Competition**  
Competition Organizer Registration  
CBC CO 191003

## **Monday March 25, 2019**

**IHDA Workshop**  
**Instructors: Lesley Bowman & Natalie Quick**  
106A & 106E Larkspur Street, Kamloops BC  
Competition Organizer Registration  
CBC CO 191004  
CBC CO 191048

### **Judges:**

**Gaelyn McGregor, Winnipeg MB**  
**Natalie Quick, Toronto ON**  
**Lesley Bowman, Dundee Scotland**  
**Ann Landry, Moncton NB**

### **Pipers:**

**Glen Esdale, 100 Mile BC**  
**Scot Kortegaard, Kamloops BC**

### **ONLINE ENTRIES ONLY**

**Opening Date:** Entries will open online at [www.eventry.net](http://www.eventry.net) at 6:00 PM PST Sunday January 13, 2019.

**Closing Date:** Entries will close at 11:59 PM PST on Wednesday March 13, 2019.

**ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED.**

Please have your SOBHD card, IHDA Membership Number and credit card on hand for the online entry. Payment may be made by credit card or PayPal.  
**If you have any questions or problems with the online system, please contact [ihda.secretary@gmail.com](mailto:ihda.secretary@gmail.com)**

**Host Hotel:** Coast Kamloops Hotel and Conference Centre  
1250 Rogers Way Kamloops BC  
Tel: 250-828-6660 Res:1-800-716-6199

**Group Rate:** \$124 Single/Double 2 queen bedded rooms

**Highland Dance Group or Group Code CKH-GFC8965 must be quoted when booking.**  
**Rate will be held until March 1, 2018.**

**Pre-Premier & Pre-Championship Competition  
Saturday March 23, 2019 8:30am**

<b>Pre-Championship</b>	<b>Primary</b>	<b>Beginner, Novice &amp; Intermediate</b>
Highland Fling (4) Sword (2&1) Seann Truibhas (3&1) Strathspey & ½ Tulloch (2&4) <i>See Rule #5 &amp; 12 in Rules and Regulations</i>	<ol style="list-style-type: none"> <li>1. Pas de Basques (Intro &amp; 8 Bars)</li> <li>2. Pas de Basques &amp; Highcuts (Intro &amp; 16 Bars)</li> <li>3. Fling (4)</li> <li>4. Sword (2&amp;1)</li> </ol>	<ol style="list-style-type: none"> <li>5. Fling (4)</li> <li>6. Sword (2&amp;1)</li> <li>7. Seann Truibhas (3&amp;1)</li> <li>8. Strathspey &amp; Highland Reel (2&amp;2)</li> </ol>

**Championship Competition  
Saturday March 23, 2019**

<b>Commencing no earlier than 10:30 am</b>	<b>Commencing no earlier than 1:00 pm</b>
7 & Under 10 Years 10 & Under 12 Years 12 & Under 14 Years	14 & Under 16 Years 16 & Under 18 Years 18 Years & Over
Fling, Sword, Seann Truibhas, Strathspey & ½ Tulloch 2019 steps set forth by the SOBHD <i>See Rule #3 and 12 in Rules and Regulations</i>	

**Premiership, Premier National Competition, & Pre-Premier Competition  
Sunday March 24, 2019**

<b>Premiership – Commencing at 8:30 am</b>		
Barracks Johnnie, Scottish Lilt, Blue Bonnets, Sailor's Hornpipe 2019 steps set forth by the SOBHD <i>See Rule #4 &amp; 13 in Rules and Regulations</i>		
<b>Premier National Competition – Commencing at 8:30 am</b>		
<ol style="list-style-type: none"> <li>9. Barracks Johnnie (4)</li> <li>10. Scottish Lilt (4)</li> <li>11. Blue Bonnets (4)</li> <li>12. Sailor's Hornpipe (*)</li> </ol> <i>See Rule #6 &amp; 13 in Rules and Regulations</i>		
<b>Primary PM</b>	<b>Beginner PM</b>	<b>Novice, Intermediate PM</b>
<ol style="list-style-type: none"> <li>13. Pas de Basques (Intro &amp; 8 Bars)</li> <li>14. Pas de Basques &amp; Highcuts (Intro &amp; 16 Bars)</li> <li>15. Fling (4)</li> <li>16. Sword (2&amp;1)</li> </ol>	<ol style="list-style-type: none"> <li>17. Fling (4)</li> <li>18. Sword (2&amp;1)</li> <li>19. Seann Truibhas (3&amp;1)</li> <li>20. Special Fling (4)</li> <li>21. Lilt (4)</li> <li>22. Flora (4)</li> </ol>	<ol style="list-style-type: none"> <li>23. Fling (4)</li> <li>24. Sword (2&amp;1)</li> <li>25. Seann Truibhas (3&amp;1)</li> <li>26. Strathspey &amp; Highland Reel (2&amp;2)</li> <li>27. Lilt (4)</li> <li>28. Flora (4)</li> </ol>

**IHDA Workshop  
Instructors: Natalie Quick & Lesley Bowman  
Monday March 25, 2019**

<b>Start Time</b>	<b>Class</b>
8 :30 AM	Championship
10 :00 AM	Premiership
12 :00 PM	Pre-Premier (Must know Fling & Sword)
* All Classes will be 1.5 hours * **Classes will be split based on workshop entry**	

## **RULES AND REGULATIONS:**

1. The rules and regulations of the S.O.B.H.D. will govern all dancing.
2. Age is determined as of the day of each event.
3. **Championship:** Computer draws for each dance. All dancers must dance the 2019 Championship steps set forth by the SOBHD.
4. **Premiership:** Dancers will dance in order of entry. All dancers must dance 2019 Premiership steps set forth by the SOBHD.
5. **Pre-Championship:** Entry is restricted to those who have never won a Pre-Championship or a Championship.
6. **Premier National:** Open to Premier dancers who do not wish to dance the Premiership. \*Hornpipe: 7 & Under 12 Years will dance 4 steps, 12 Years & Over will dance 5 steps.
7. Committee reserves the right to combine or split classes.
8. Age classes will be determined upon receipt of entries for all dance events.
9. Dancers will dance in reverse order of entry. First to enter, last to dance (except Championship which will be a draw).
10. Protests must be made in writing, signed and submitted to the competition secretary by the end of the competition day and must be accompanied by a \$30.00 fee, refundable if sustained.
11. All category changes must be emailed to: [ihda.secretary@gmail.com](mailto:ihda.secretary@gmail.com) before March 19, 2019.
12. Dancers may enter either Pre-Championship or Championship classes, or both.
13. Dancers must choose between the Premiership and Premier National competition.
14. All competitors must present current SOBHD registration card before receiving their awards. Awards will be held and a \$5.00 fee applied to any dancer without a current SOBHD card.
15. Prizes: Cash prizes awarded in the 16 & over Championship, Premier National Competition and Premiership.
16. Absolutely **NO** late entries will be accepted.
17. There will be **NO** entry fee refunds.
18. Absolutely **NO** telephone, email, mail or hand delivered entries.
19. Dancers filling in for the Reel must dance entire dance.
20. Number will be used for both days.
21. Dancers must comply with the SOBHD Code of Conduct. Failure to do so will result in the dancer being reported to the SOBHD.

<b>EVENTS FOR SATURDAY MARCH 23, 2019</b>		<b>EVENTS FOR SUNDAY MARCH 24, 2019</b>	
<b>Pre-Championship</b>	<b>\$30.00 per dancer</b>	<b>Premiership</b>	<b>\$40.00 per dancer</b>
<b>Championship</b>	<b>\$40.00 per dancer</b>	<b>Premier National 15 Years &amp; Under</b>	<b>\$6.00 per dance</b>
<b>Pre-Premier</b>	<b>\$6.00 per dance</b>	<b>Premier National 16 Years &amp; Over</b>	<b>\$7.00 per dance</b>
		<b>Pre-Premier</b>	<b>\$6.00 per dance</b>

<b>Number Fee</b>	<b>\$1.00 per dancer</b>
<b>Scotdance BC Fee*</b>	<b>\$1.00 per day</b>
<b>SDCCS Fee*</b>	<b>\$1.00 per day</b>
<b>PayPal Fee</b>	<b>\$3.00 per entry</b>

\*Please note, as our events are registered as two separate competitions, dancers are required to pay the ScotDance BC and SDCCS fees of \$1 each per day. Also, because of this, category changes will happen between the days should a dancer fill their dance card on the Saturday.

### **WORKSHOP EVENTS MONDAY MARCH 25, 2019**

	<b>NON-IHDA Member</b>	<b>IHDA Member</b>
<b>Championship &amp; Premiership</b>	<b>\$35.00*</b>	<b>\$25.00*</b>
<b>Pre-Premier</b>	<b>\$20.00</b>	<b>\$10.00</b>
<b>Professional</b>	<b>\$20.00</b>	<b>\$20.00</b>

\*Fee includes both Championship & Premiership Classes. If only Championship OR Premiership is desired, fee remains \$35.00 (non-IHDA Member) or \$25.00 (IHDA Member).

#### ***Waiver to be confirmed with online entry***

*I am aware that participating in the Western Canada Open Championship (the "Event") involves the potential for risks, dangers and hazards, including but not limited to:*

*(a) injury to myself / my child as a result of the physical nature of dance competition and performance; and*  
*(b) the taking and/or release of unauthorized photographs, video and/or other recordings of myself and/or my child, notwithstanding efforts to enforce Event policies.*  
*In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby WAIVE ANY AND ALL CLAIMS against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, I agree to release the Releasees from ANY AND ALL LIABILITY for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs, that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. I consent to and authorize such recording. I further consent to and authorize the Releasees to publish my/my child's image, likeness and information in any medium, including but not limited to photographs, videos, DVDs, and web-casts. I understand that this publication will take place in the public domain, including in printed materials, public announcements, and on the internet.*

***I specifically consent to the public release of the following information:*** 1. Name; 2. City, Province, Country of Residence; 3. Tartan; 4. Age; 5. Results.  
*I acknowledge that by signing and submitting this entry, electronically or otherwise, that I have read this agreement carefully and fully understand it, and agree to all of the above terms and conditions.*

**Interior Highland Dance Association Workshop  
Lorena's School of Highland Dance  
106A & 106E Larkspur Street  
Kamloops BC**

**Monday March 25, 2019**

**INSTRUCTORS:**

**Lesley Bowman**



Lesley began her dancing career aged four years with Wilma Tolmie in Dundee. Born into a very traditional Scottish family with her Mum a highland dancing teacher and her Dad a piper. Lesley's older sister Beverley and younger brother Gregor were also involved with dancing in the early years. Lesley's love of dancing brought success at an early age and continued through to the adult age group. Many championships were won throughout her competitive career including Scottish, British, Commonwealth and the ultimate prize of World Adult Champion in 1984. Lesley finished her competitive career as a pupil of Frances Paterson.

During Lesley's secondary education, she excelled at a variety of sports. She played Volleyball at national league level and Basketball at local league level. Lesley was a superb sprinter as a teenager and could have been an Olympian. However, Highland Dancing won out over athletics and Lesley chose to follow the path of competitor, teacher, judge and examiner with the BATD. Lesley also followed a musical path at school playing piano initially then moving onto clarinet where she was first clarinetist in the school orchestra.

Lesley graduated from Dunfermline College of Physical Education in 1984 with a BEd in Physical Education and Human Movement Studies. She then went on to complete a Certificate in Dance in Education. Lesley is one of only a few people in Scotland to teach Highland Dancing as part of the elective subject of Higher Dance within the school setting.

Lesley began her own dancing school in 1980 and her pupils have been successful in competitions all over the world winning championships in all age groups. Lesley has taught many Scottish, British, European and Commonwealth champions and to date has taught three world champions. Lesley has a special interest in choreography where her pupils have enjoyed success in solo, duet and group performances over a number of years.

**Natalie Quick**



Natalie Quick is a fellow of the BATD and a member of the SOBHD judging panel. Her major accomplishments include three-time world champion and six-time Canadian champion. Natalie has judged competitions in Canada, USA, and Scotland and teaches in Toronto. She lives in Toronto and works as a senior clinical manager at the Centre for Addiction and Mental Health.